Brad Gable

1. ***What foods are commonly eaten? Bread is the main thing they have every day.*** People in Russia often grow their own crops and other food for meals.
2. ***What does a typical breakfast consist of? Lunch? Dinner? At what times are these meals eaten?***

* Breakfast for is usually an egg and a cup of juice, or kasha. This is served when the children wake up in the morning.
* Lunch is usually a soup with an occasional fish and or sausage and beef. It is normal for lunch to be eaten around 1-3 P.M.
* Dinner is most of the time soup again, and then side dishes of various foods.

3. ***What are some (at least two) famous recipes from your country?***

I learned that kasha is a Russian dish that is served to kids for breakfast. Kasha is cooked grains served with butter and sugar.

Also, bliny is an equivalent to a pancake here in the U.S.

4. ***What are some foods from this country that are commonly eaten in your country? Are the foods prepared differently here than in this country?*** Russia cultures eat many soups and salads like we do. However in Russia, salads sometimes consist of potatoes, ham and lettuce, all covered in a creamy mayonnaise. Soups are like the soup we have here. The soups in Russia consist of beef or meat in a bowl with noodles and the broth from the particular meat. This is usually served with sour cream.

5. ***What is your personal opinion of this country’s food? What looks appetizing? What looks repulsive? How do you think you are going to do eating this food every day?***

I think that Russian foods are very interesting. I think things like kasha and bliny would taste delicious, but I would not want to try any of their salads. I think I could end up surviving eating new foods in the Russian society.

6. ***Create your group’s visual. This could be a posterboard, a Powerpoint, or a Glogster, for example***.